



Eastbourne
School of English

English courses for adults



experience · expertise · excellence



Welcome to Eastbourne School of English. Located on the sunny South Coast of England, we have taught English to adults from all over the world for more than 70 years.

The school is a non-profit-making educational charity. We believe in giving you the best possible service. Our highly qualified and experienced teachers will help you make maximum progress with your English.

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We are accredited by the British Council and are inspected every four years against strict criteria.

We are members of English UK, the national association of accredited English language providers. We are also members of IALC and Quality English, two organisations which promote independent private language schools with a commitment to high standards.

Great teaching









The school is located in a quiet, tree-lined street in the centre of Eastbourne, just two minutes from the shopping centre and five minutes from the seafront.

We have two large buildings with 20 classrooms, a spacious student lounge, a lively café, and beautiful gardens.

Classrooms are well equipped with CD and DVD players, video and overhead projectors. We have recently invested in an interactive whiteboard, the latest technological aid to successful language teaching.

Our Learning Centre has eight computers, all linked to the internet. There are DVD and audio cassette players, a library, and lots of language practice activities.

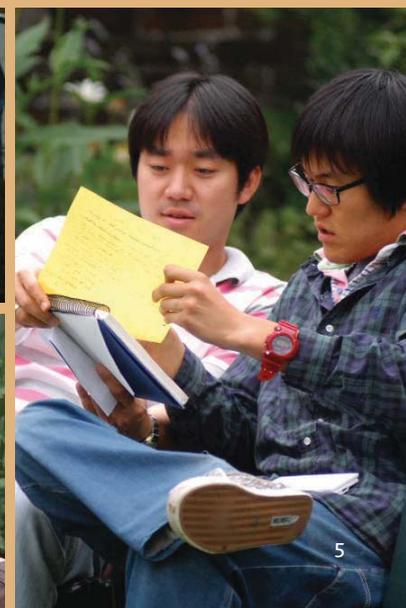
There is free internet access from computers in the lounge and the Learning Centre. We also have free wireless internet access for students with their own laptops.

You can buy dictionaries and grammar books at our English language bookshop.

Excellent facilities

“All the people who work in the school are great. Almost every day there was something new in the social programme. I hope this is not my last visit to this school.”

Alexander Zigalovs, Riga, Latvia





Eastbourne





A Year in Eastbourne

May

Magnificent Motors

Over 25,000 people visit this free two-day event every year. You can see historic cars, buses and commercial vehicles along the seafront.

June

International Women's Open Tennis Championship

This world-class event is your chance to see all the best professional women tennis players as they prepare for the Wimbledon championship.

July

Eastbourne Extreme

This free event showcases extreme sports of all kinds. You can see powerboat racing, competitive windsurfing, land yachting, roller skating, parkour, mountain biking and kite flying.

August

Airbourne

The biggest free airshow in the UK. This spectacular four-day event includes historic aircraft, military planes and the amazing Red Arrows aerobatic display.

October

Feastbourne

The Eastbourne Food and Drink Festival is your chance to taste the best of local produce. You can try hundreds of different beers and wines as well as tasty Sussex specialities.

December

Pantomime at Devonshire Park

There's nothing like a traditional pantomime at Christmas time. It's a theatrical mix of singing, dancing, romance and jokes, with lots of audience participation. Every year we take our students to this typical Christmas entertainment. Not to be missed.

Eastbourne has a population of 100,000. It's been a holiday town for over a hundred years. The town is small enough for you to walk everywhere, but big enough to have the full range of facilities for visitors.

Eastbourne has a seaside promenade of over eight kilometres. The spectacular unspoiled countryside of the South Downs and Seven Sisters cliffs are nearby. Visit Beachy Head, the highest cliff in Southern England and look down to the famous red and white lighthouse. The views across the English Channel are breathtaking.

Sheltered by the South Downs, Eastbourne has a mild climate and a reputation for sunny weather. Welcome to the Sunshine Coast!

Enjoy tea and cakes in a picturesque South Downs village, have a drink in a cosy country pub, or relax in a stylish café on Eastbourne seafront.

There are theatres, cinemas and a brand new art gallery, the New Towner. Shopping is good too. Visit the indoor Arndale Centre with famous high street shops or explore Little Chelsea with its boutiques and galleries.

The new waterside development at Sovereign Harbour has bars, restaurants, a cinema and a marina.

The town has two swimming pools, ten-pin bowling, four golf clubs, and you can even try the traditional English game of bowls. Sailing and windsurfing are popular in the summer months.



Courses



English Intensive

Our expert teachers will help you to improve your communication skills in English and to build your confidence and fluency in speaking English. This course is available January – March, March – June and September – December. You can follow the full course or just take part of the course.

Hours per week	23
Start dates	Any Monday
Levels	All levels. Beginners only accepted at the beginning of each term
Minimum age	16 years
Maximum class size	12
Length of stay	2 – 23 weeks

From 2008 we are offering this popular course in a new format. You will have:

- a wider choice of courses
- more time for your special interests
- opportunities to learn new life skills

15 General English lessons per week, 0900-1245, Mon to Fri PLUS
8 Special Focus lessons per week, 1345-1600, Mon-Fri (not Wednesday)

Special Focus Lessons

Study English

IELTS Preparation, English for Academic Purposes, Study Skills, Essay and Report Writing

Work English

Business English, Business English Certificate (BEC) Preparation

Life English

Social English, Speaking and Listening Skills, English for

International Travel. We also offer Life Skills classes at no additional cost in Yoga for Beginners, Karate, Modern Dance, Cooking ...and lots more.

English + 1:1

You can have your own private teacher for four hours per week to work on your special learning objectives. A supplementary fee is payable for this option.

English plus IELTS

If you want to study at a UK University or College, you need the best possible IELTS score. This combination course helps you improve your General English skills and at the same time you will learn the techniques you need to succeed in IELTS.

Hours per week	15 General English + 8 IELTS Preparation
Start dates	Any Monday
Levels	You must take an entry test to check your level
Minimum age	16 years
Maximum class size	12
Length of stay	2 – 22 weeks



Cambridge Intensive

The Cambridge examinations are recognised worldwide by employers and academic institutions. You can follow intensive courses leading to the Cambridge First Certificate (FCE) and Cambridge Advanced (CAE) examinations. The examinations are held in Eastbourne at the end of the course.

Our teachers are experts in Cambridge examination preparation. Some of them are also Cambridge examiners.

Hours per week	23 (19 FCE/CAE Preparation + 4 Special Focus)
Start dates	FCE (Jan, Mar, Sep), CAE (Mar, Sep)
Levels	You must take an entry test to check your level
Minimum age	16 years
Maximum class size	12
Length of stay	10 – 14 weeks

Cambridge Fast Track

If you are taking an extensive course in your own country leading to a Cambridge examination, why not come to us for an intensive Fast Track course to boost your English skills and upgrade your examination techniques? It's the ideal way to improve your chances of an excellent result.

Hours per week	23 FCE/CAE Preparation
Start dates	See dates and fees for course dates
Levels	You must take an entry test to check your level
Minimum age	18 years
Maximum class size	12
Length of stay	2 weeks

Study Year Programme

This course is suitable for students who start at a low level of English and want to achieve a level high enough to work or study in English. Fees for this long-term programme are discounted but please note that all fees must be paid in advance.

Hours per week	23
Programme	You will follow English Intensive, Cambridge Intensive or Summer courses according to the time of year
Start dates	Any Monday
Levels	All levels. Beginners accepted only at the beginning of each term
Minimum age	16 years
Maximum class size	12
Length of stay	24, 36 or 48 weeks



Courses

Summer Intensive

This course is for university students, young professionals and mature people who want to study hard. You must enrol for the full course of either three or four weeks.

Hours per week	23
Start dates	June, July, August, September (see dates and fees for details)
Levels	All levels except Beginners
Minimum age	18 years
Maximum class size	12
Length of stay	3 or 4 weeks



Summer Plus

This is our most popular course, offering you the chance to combine General English lessons with activities and excursions.

Hours per week	19
Course dates	June - August (see dates and fees for details)
Start dates	Any Monday
Levels	All levels. Beginners only on first day of the course
Minimum age	16 years
Maximum class size	14
Length of stay	2- 11 weeks

General English lessons Monday to Friday, 0900-1245, also Tuesday and Thursday 1345-1645.

Included in the fee are social activities on Monday afternoon and Friday afternoon:

- boat trip to Beachy Head
- mini-golf on Eastbourne seafront
- swimming at the Sovereign Centre
- cinema
- football and volleyball
- ten-pin bowling at Lloyds Lanes

Half-day excursions on Wednesday afternoons are also included:

- Brighton for shopping and a tour of the picturesque Lanes area
- Hastings to see the Castle and the Smugglers' Caves
- Beachy Head and Pevensey Castle, built in Roman times
- Bodiam Castle and Battle, site of the Battle of Hastings

Summer Afternoon

A budget course for students wanting just a few English lessons per week, perhaps combining the lessons with work in Eastbourne.

Hours per week	15 (10 taught lessons plus 5 supervised Self-Study lessons in the Learning Centre)
Course dates	July and August (see dates and fees for details)
Start dates	Any Monday
Levels	No beginners
Minimum age	16 years
Maximum class size	14
Length of stay	2 – 8 weeks



Fifty Plus

We are well known for our courses for mature people. We first ran this programme in the 1980s. Many students return year after year to improve their English, enjoy the beautiful Sussex countryside and meet up with old friends.

We run three-week courses in May, June and September, also a two-week course in August. See dates and fees for course dates.

You study English in multinational groups each morning, Monday to Friday. In the afternoon and at weekends there is an extensive programme of visits, activities and excursions.

On our Fifty Plus course we aim

- to build your confidence in speaking English
- to help you improve your understanding of spoken English
- to show you the beautiful South East of England
- to introduce you to British people and people from other countries and to help you find out more about their customs and cultures

The atmosphere in our classes is relaxed and friendly. We test you on the first day and place you in a suitable class. The typical class size is 8-10 participants, maximum 12 participants. There are normally 20-30 students on each course.

Social activities and excursions are accompanied by our own teachers. We visit historic towns and cities, castles, parks and gardens, villages and the spectacular Sussex and Kent countryside. We also include the chance to play traditional English games such as bowls and croquet.

A typical Social Programme

DAY	WEEK 1	WEEK 2	WEEK 3
Monday	Welcome Party Eastbourne Walk	Talk on history of Eastbourne	Free afternoon
Tuesday	Tour of Sussex Villages	Bodiam Castle and Battle Abbey	Croquet at The Saffrons Croquet Club
Wednesday	Free afternoon	Free afternoon Evening theatre (optional)	Brighton and the Royal Pavilion
Thursday	Wakehurst Place Gardens	Glynde Place, a 16th century country house	Lunch in 'The Lamb', Eastbourne's oldest pub
Friday	Free afternoon Evening concert (optional)	Free afternoon	Farewell party
Saturday	Day trip to London South Bank	Day trip to Canterbury	
Sunday	Free day	Free day	





Teacher Training

We have run Courses for Overseas Teachers for many years. Courses are eligible for funding under the EU Comenius scheme.

Courses run for two weeks and are intensive, 50-hour programmes. They are suitable for experienced teachers who want to update their teaching methods, learn about new materials and methods, observe experienced native-speaker English language teachers, and improve their knowledge of British life and culture and their English language skills. See dates and fees for details.

Practical Methodology & Advanced Language Practice

Course aims

To give participants the opportunity to

- develop all areas of linguistic competence
- develop their effectiveness as classroom teachers of English
- make contact with teaching colleagues from around the world
- observe experienced expert teachers in the School

Course content

- Advanced Language Practice sessions focusing on grammar, lexis, style, pronunciation and the four main skills.
- Teaching techniques, new ideas and innovations
- Teacher resource materials, the latest course books
- New developments in ELT
- Course content adjusted to include the results of your needs analysis
- Computer assisted language learning and use of the internet

British Culture & Advanced Language Practice

Course aims

To give participants the opportunity to

- deepen their understanding and knowledge of British Culture
- explore a range of authentic materials to take home for use in their classrooms
- develop all areas of linguistic competence

Course content

- study of different aspects of British Culture : humour, film, literature, politics, youth culture, history, the press, television, modern art, the language.
- Integrated Advanced Language Practice : grammar, vocabulary, style, pronunciation and the skills of speaking, listening, reading and writing, using materials taken from film, television, the press and literature.



Teacher Training

English Language Improvement for Primary Teachers

Course aims

- To improve teachers' ability to communicate effectively in the primary classroom
- To teach and give instructions in English

Course content

- Reading aloud, giving instructions and explanations, correcting students' errors
- Understanding authentic English, understanding classroom listening texts
- Correcting students' written work, writing texts for teaching
- Reading teachers' resource books, reading articles on teaching

Preparation for Teaching Knowledge Test (TKT)

Course aims

- To increase teachers' confidence in using English
- To enhance job prospects
- To focus on the core teaching knowledge needed by teachers of primary, secondary or adult learners

Course content

- Different methodologies for teaching
- The 'language of teaching'
- The ways in which resources can be used
- Key aspects of lesson planning
- Classroom management methods for different needs



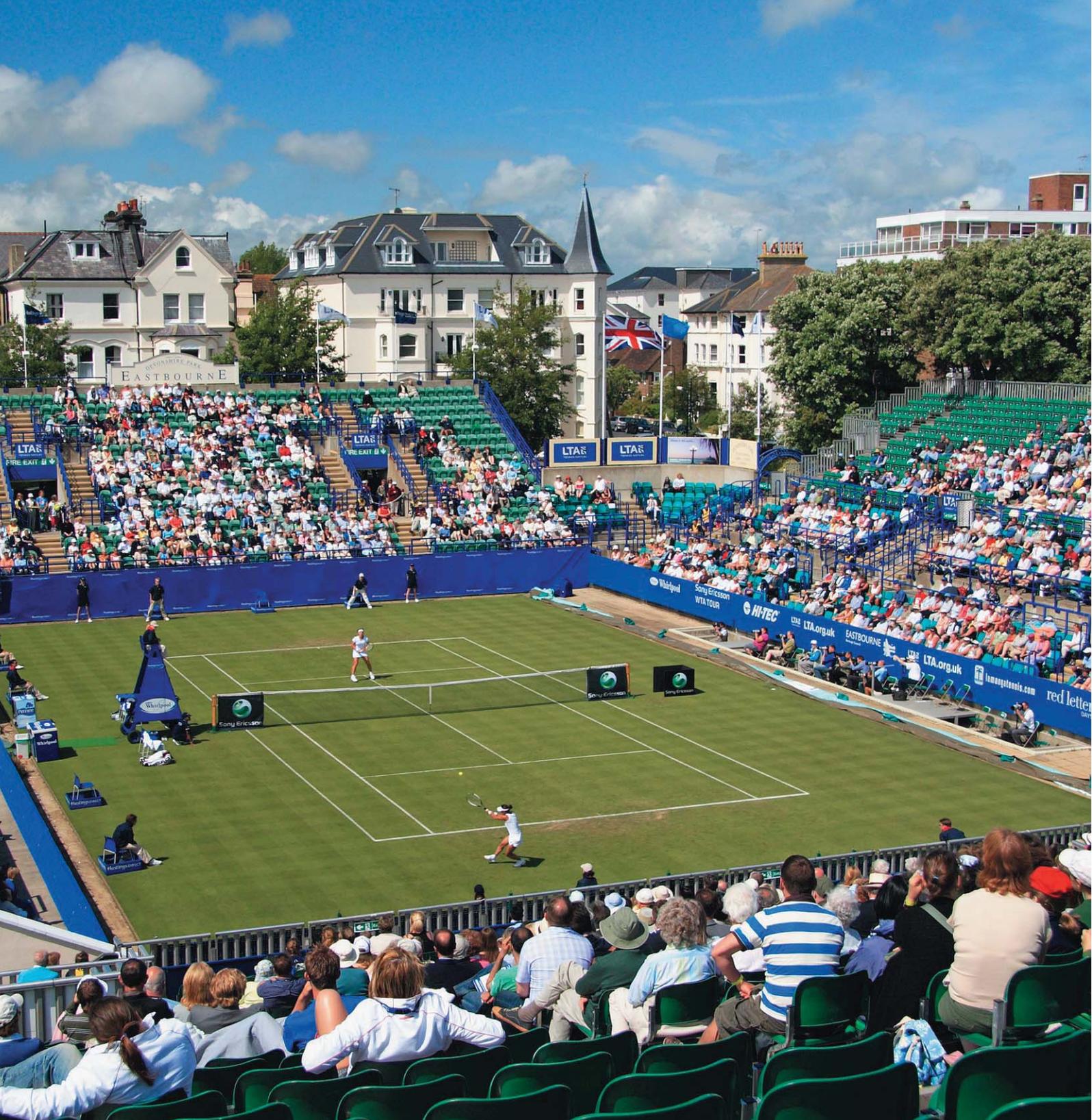
"I have been to 5-6 similar courses in the past and I can say that this course, in terms of the quality of teaching, stands in a class of its own. Thank you and all the best."

Marku Sutinen, Vantaa, Finland

"These two weeks have helped me to increase my motivation for my teaching and learning."

Lenka Cerna, Liberec, Czech Republic





Golf and tennis



English plus Golf

Have the best of both worlds. Improve your English at our school and practise your golfing skills at a golf course in the beautiful South Downs.

This combination course is available March to October. It includes 15 General English lessons per week, 0900-1245, Monday to Friday. You will have three afternoon rounds of golf per week. A professional golfer leads all golf lessons. There is a maximum of four per group for the golf lessons. The fee includes hire of clubs and green fees, also transport to and from the golf courses.

There are four top-class golf courses in the Eastbourne area and you will have a chance to try them all.

English plus Tennis

Eastbourne is a top venue for tennis. The famous International Women's Open Championship takes place every June at Devonshire Park in Eastbourne, just before the Wimbledon Tournament.

Our expert coaches will help you to improve all aspects of your game. You will have 15 General English lessons per week, 0900-1245, Monday to Friday, plus three afternoon tennis sessions per week at indoor David Lloyd Centre, Eastbourne. Each session is run by a professional tennis coach and lasts one hour. Maximum six per group for tennis coaching lessons. Transport to and from the tennis centre is included.

"I've had a really good time in this school! To know people from other countries has been wonderful! And I've felt very comfortable with my teachers."

Alejandra Blanco Callejo, Madrid, Spain





Happy, successful students



Relax

After a hard day at work in the classroom you need to relax. Our Social Organiser puts together a fun programme of evening activities. We organise international evenings, sports tournaments, visits to cinemas, theatres and pubs. On Wednesday afternoons you can join us for a walk in the country or a shopping expedition to Brighton.

At weekends there are full-day guided excursions to London, Oxford, Cambridge, Bath and Stonehenge, Canterbury... in fact all the main tourist destinations in the UK. You can even take a weekend trip to Amsterdam or Paris if you are feeling adventurous.

Take care

We take care of you during your stay with us. If you have a problem just ask. Perhaps you need some information about hotels in London, maybe you're not feeling well and need to see a doctor, or you want us to book a taxi back to Heathrow Airport.

Whatever your problem, we'll take care of it for you. Just ask.



"The school is really good. The school organises a lot of interesting things to do."

Cristina Dalla Torre, Trento, Italy



Homestay



Stay with one of our carefully selected host families and you will experience the British way of life. You will have the chance to practise your English naturally. All our families have a real interest in meeting and looking after students and will give you a memorable and enjoyable experience.

Tell us about any special requests when you book your homestay accommodation and we will do our best to find the perfect host family for you. Our homestay service includes single or shared room, breakfast and evening meal, with lunch in addition at weekends. Our Accommodation Officer is there to help you with any questions you may have about living in an English home.



Residence

In July and August we can offer residential accommodation at the superb University of Brighton Residences in the Meads area of Eastbourne. These modern residences were built in 2005 to a very high standard.



The accommodation is arranged in groups of 6-8 single rooms with a shared kitchen. Every room is en-suite with its own bathroom. Each spacious single room has single bed, wardrobe, large desk, drawers, full length mirror, bathroom with shower. The University provides clean bed linen, bath towel and hand towel every week. The kitchen is shared with up to seven other students and is fully equipped with cooker, refrigerator, microwave, dining table and chairs, TV. All cooking equipment is provided.

Live and learn

Work Placement

We are able to organise work experience for you while you are in the UK, either on a paid or an unpaid basis. When you have finished your English course – minimum stay 4 weeks – you can start your placement.

Paid placements are in the hotel, catering or leisure industries. Unpaid placements are tailored to your professional needs. If you have specialized training needs you may have to travel to another part of the UK for your placement.





Eastbourne School of English

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